



## The Food and Cooking of Eastern Europe

By Lesley Chamberlain

Anness Publishing. Mixed media product. Book Condition: new. BRAND NEW, The Food and Cooking of Eastern Europe, Lesley Chamberlain, This book helps you discover the cuisines of Russia, Poland, Ukraine, Germany, Austria, the Czech Republic, Hungary, Romania, Bulgaria and the Balkans. It features over 185 recipes, from the delicate Eggs with Caviare to hearty main meals such as Chicken Kiev, Hungarian Goulash and Romanian Kebabs. It includes desserts and gateaux such as Black Forest Cherry Cake, as well as light pastries such as Apple Strudel. It features soups and starters, meat and poultry, fish dishes, vegetables, grains and pasta, and baked goods. This exciting collection of Eastern European recipes includes all the culinary delights of a region that stretches from the Baltic Sea in the north to the Black Sea in the south. There is Beef Stroganov from Russia, Babka from Ukraine, Pork Stew with Sauerkraut from Germany, Goulash from Hungary, and Rice Pudding from Bulgaria. There are also many mouthwatering cakes and pastries, such as Dobos Torta and Apple Strudel. Every recipe is described step by step, and there are over 750 wonderful photographs. Hearty, nourishing and brimming with taste and variety, the 185 dishes in this volume will...



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