



## The Moon Gardener: A Biodynamic Guide to Getting the Best from Your Garden

By Peter Berg, Matthew Barton

Temple Lodge Publishing. Paperback. Book Condition: new. BRAND NEW, The Moon Gardener: A Biodynamic Guide to Getting the Best from Your Garden, Peter Berg, Matthew Barton, As the earth's neighbour, the moon affects not only ocean tides but also the growth and development of plants. In this finely illustrated, full-colour book - packed with practical tips for the novice as well as the advanced gardener - Peter Berg offers a clear summary of the basics of lunar and biodynamic gardening, together with in-depth sections on: activating and enlivening the soil; biodynamic preparations; making good compost; crop rotation and green manuring; cultivation work and care of the garden; practical plant protection; rich harvesting; saving your own seed. Building on the intensive research of his mentor Maria Thun and the teachings of Rudolf Steiner, Berg explains how the subtle influences from the cosmos work on the plant world, distinguishing between 'root', 'leaf', 'blossom' and 'fruit' days in the working calendar. An understanding of such natural processes, in conjunction with the practical knowledge described in this book, can lead to productive, chemical-free gardening, with healthy plants and abundant harvests.



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