



[DOWNLOAD](#)



## An Apple a Day.

By Caroline Taggart

Hardback. Book Condition: New. Not Signed; Does absence really make the heart grow fonder? Can beggars be choosers? Is it always better late than never? Proverbs are short, well-known, pithy sayings that offer advice or words of encouragement and are used in everyday English without much thought ever being given to their meanings, or indeed, usefulness. In *An Apple A Day*.Caroline Taggart explores the truth behind our favourite proverbs, their history and whether they offer any genuine help to the recipient. Did you know that The Old Testament has an entire book devoted to proverbs? Or that 'a bird in the hand is worth two in the bush' is a proverb from falconry that dates back to the Middle Ages? Many proverbs are still in use today, including the very famous 'slow and steady wins the race', which derives from one of the fables of Aesop, a slave in ancient Greece born in 620BC. Lighthearted but authoritative, *An Apple A Day*.proves that proverbs are as useful today as they ever were. book.



[READ ONLINE](#)

[ 8.15 MB ]

### Reviews

*Good electronic book and valuable one. It is one of the most incredible publication we have read through. It is extremely difficult to leave it before concluding, once you begin to read the book.*

-- **Mrs. Bridgette Rau MD**

*The ebook is easy in go through easier to recognize. We have study and i am certain that i will planning to read through once again once again in the future. I am quickly will get a pleasure of studying a composed publication.*

-- **Prof. Adah Mertz Sr.**