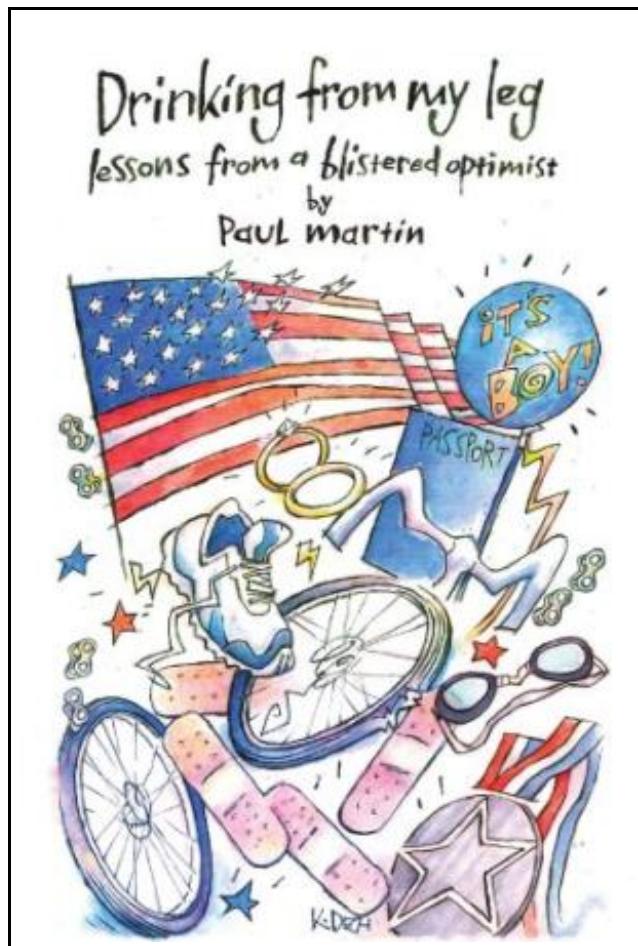


## Drinking from My Leg: Lessons from a Blistered Optimist



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iUniverse, United States, 2010. Paperback. Book Condition: New. 226 x 152 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.Twenty-five years old, fresh out of college, Paul Martin s life took a major turn. In 1992, as a result of a car accident, Martin s left leg was amputated five inches below the knee. His future plans hadn t included a prosthetic leg. But after returning to his workout routine, Martin realized he was destined to be a disabled athlete. In this, his second memoir, Martin s story takes up where One Man s Leg left off. He narrates the events of his life on the race course during the eight years and reveals what his life as a competitive triathlete, runner, and cyclist has been like. Drinking from My Leg details a host of accomplishments, including the completion of ten Ironman Triathlons and the raising of the flag after he won the Disabled Cycling World Championships in 2002. Engaging and written with a sense of humor, Drinking from My Leg serves as an inspiration for others who face challenges. Martin shows that optimism is the key to winning the battle.



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