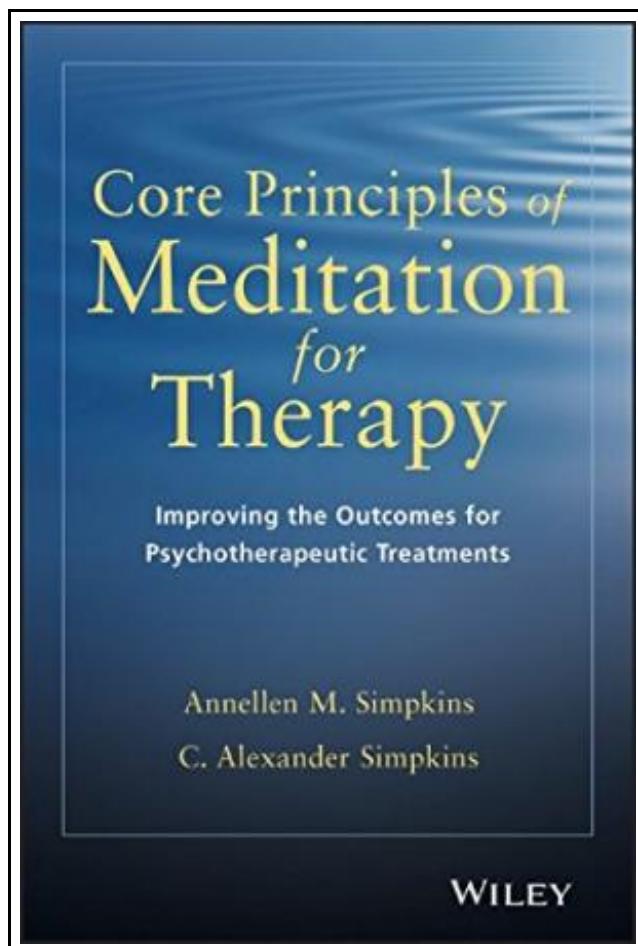


## Core Principles of Meditation for Therapy: Improving the Outcome of Psychotherapeutic Treatment



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