



The Seasoning of a Soul: When Comprehension Comes Through Trial and Experience

By Athena Demetrios

Outskirts Press. Paperback. Book Condition: New. Paperback. 492 pages. Dimensions: 8.8in. x 5.8in. x 1.3in. A spiritual odyssey that will open your heart. Growing up in abject poverty, terrorized by a boarder who lived in the root cellar, Athena Demetrios repressed the memories, thrusting her into a downward spiral of melancholy and despair. Transcendence and healing would come through reliving the horrors of her past through hypnotic regression. A powerful spiritual experience opened doors into other dimensions, which began an odyssey where truth became stranger than fiction. Her story of courage, mystical insight, and other-worldly guidance will open your heart and challenge your perception of the borders of our minds and the boundaries of our world. This is a tale of past-life visions and in-between-lives experiences, hypnotic regression, alien encounters, and spirit communication. Traveling with her down the pathways and through the rabbit holes of a life lived in relentless pursuit of truth, no matter how strange it seems, will bring you, along with the author, into the radiant light of self-discovery, knowing, and being at peace with all that is. The Seasoning of a Soul is startling, intense, intelligent, and controversial. Athena Demetrios, takes us with her as she walks...



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