



the Diet for Your Mind to Help You Find the Truth That Will Set You Free: the Spiritual, the Mind, Diet

By G. OSCAR SETTLE

AUTHORHOUSE, United States, 2005. Paperback. Book Condition: New. 223 x 150 mm. Language: English . Brand New Book ***** Print on Demand *****. The Diet for the Mind belongs on the bookshelf next to the many books for the body diet. After all, which is more important, to diet to have a healthy fine scrupled physical body, which will one day rot and return to the earth, or to diet to have a mind fed with the spirit of good to save the soul, which will live eternally The mind diet has completed my dieting, because now I know the truth and I am free. I am free in mind, body and soul. The Diet for the Mind will teach that God is a trinity, Father, Son and Holy Spirit, and God created man as a trinity; spirit, body and soul. Furthermore, The Diet teaches on the trinity of evil, the trinity of consciousness, and the trinity of Christianity The Diet for the Mind has a menu that begins with appetizers and ends with desserts. The diet explains why humanity needs a diet, the appetizers, for the mind and how to diet and change the mind to find the dessert,...

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